

3.a: Instructions for employees returning from abroad

Dear employees,

Based on the revised NIJZ guidelines on **self-isolation**, we provide guidance for employees (travellers) coming from locations with a high incidence of COVID-19. You can follow the information on any new global infection hotspots on the [NIJZ website](#).

As the current epidemiological situation in Slovenia does not call for extraordinary measures, no special restrictions on daily activities are in place, neither in the work environment nor in everyday life. This also applies to people coming from areas where the new coronavirus is emerging (a list of infection hotspots is available on the NIJZ website) and who do not feel sick. No special measures are in place for such individuals. These people may work normally with other staff members and do not require self-isolation at home. However, it is recommended that such people carry out all preventive measures with especially great care (especially hand hygiene, cough hygiene and close monitoring of any changes in their health status). In the event of any changes in their health status, they should consult their doctor immediately.

Based on the NIJZ position presented above, all of you can return to your work environment as soon as you return home from your travels.

All of you who have been in areas with high COVID-19 incidence over the past two weeks, or have been in contact with people from these areas or suspect you may be infected with SARS-CoV-2, please follow the following instructions:

- If you experience symptoms of coronavirus infection (fever, cough, shortness of breath, breathing difficulties) during this period, please inform your GP by phone or email; in this case you must also remove yourself from the work environment at the Faculty. You should also inform your supervisor and human resources department (kadrovska.sluzba@fs.uni-lj.si), who will keep a record of your absence.
- Do not go to a health centre or clinic unannounced in order to avoid infecting others. The health service has been informed of the necessary measures and is well prepared for cases of suspected coronavirus infection. Follow the guidance of healthcare professionals.
- If you do not get ill during the fourteen-day period, you can go back to work at the end of it.

Best regards,
Coordination Team