

3.c: Instructions for students returning from abroad (student exchange programs or private trips)

Dear students,

Based on the revised NIJZ guidelines on **self-isolation**, we provide guidance for students (travellers) coming from locations with a high incidence of coronavirus. Follow the information on the global infection hotspots on the NIJZ website (<https://www.nijz.si/sl/pojav-novega-koronavirusa-2019-ncov>).

As the current epidemiological situation in Slovenia does not call for extraordinary measures, no special restrictions on daily activities are in place, neither in the work environment nor in everyday life. **No special measures are therefore required for any people coming from areas where the new coronavirus is emerging (a list of hotspots is available on the NIJZ website) and who do not feel sick.** These people may work normally with other staff members and do not require self-isolation at home. However, it is recommended that these people carry out all preventive measures with especially great care (especially hand hygiene, cough hygiene and close monitoring of any changes in their health status). We especially urge all of you to respond immediately in the event of any changes in your state of health, and to stop your work at the Faculty, as this will greatly help to curb the spread of the virus. In agreement with the Academic Affairs Office and your year tutor, you will be able to make up for any missing laboratory or practical classes at the earliest possible date, so your studies (and consequently advancement to the next year) will not be jeopardized by self-isolation.

Based on the NIJZ position presented above, all of you can return to the academic environment at the faculties as soon as you return home from your travels.

If you experience symptoms of coronavirus infection (fever, cough, shortness of breath, breathing difficulties) during this period, please inform your GP by phone or email; in this case you must also remove yourself from the Faculty's study environment. You should also inform your Assistant (of your missing course) and Student office (referat@fs.uni-lj.si), who will keep a record of your absence.

Do not go to a health centre or clinic unannounced in order to avoid infecting others. The health service has been informed of the necessary measures and is well prepared for cases of suspected coronavirus infection. Follow the guidance of healthcare professionals.

If you are absent from any mandatory classes during your time away, then immediately after completing the fourteen-day self-isolation check in with the Student office clerk to coordinate the missing obligations and set new dates for the classes.

Best regards,
Coordination Team